

KRNV-DT & KENV-DT Issues & Programming

LIFESTYLES

September 2012

News 4



Fire is estimated to be at 817 acres, plus or minus 50 acres.

News 4 Today	:30
News 4 @ Noon	:30
News 4 @ 4:00 p.m.	:30
News 4 @ 5:00 p.m.	:30
News 4 @ 6:00 p.m.	:30
News 4 @ 11:00 p.m.	:30
Mynews4.com website	12:30 p.m.

Date: September 9 & 10, 2012

Description: “Camo” fire burns Southeast of Dayton, NV

Firefighters are responding to large brushfire southeast of Dayton. Called the Como fire, it is currently burning around 100 acres. Firefighters are on scene with five air tankers, two helicopters and five fire engines.

No structures are currently threatened by the fire, but firefighters have reported that gusty winds could cause the fire to spread rapidly.

UPDATE 9/10/2012: Camo Fire has burned over 900 acres near Dayton, NV

Ignited by lightning strikes, firefighting crews are aggressively attacking the Como Fire located between Mason Valley and Dayton, Nevada. The fire is on Bureau of Land Management (BLM), Carson City District, approximately 2.5 miles south of Raw Peak and is estimated to be at 915 acres.

The fire started at approximately 12 p.m. on Sunday, Sept. 9, 2012. There are currently no structures threatened at this time and there have been no firefighter injuries reported. The fire is burning in rocky, steep, difficult to access, grass, and brush and pinyon-juniper woodland.

UPDATE: September 12, 2012 - Camo Fire 100% contained

Sierra Front has announced the Como Fire is now 100% contained. The announcement came Wednesday morning.

The Como Fire was ignited by lightning and burned between Mason Valley and Dayton.

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News 4 Today :45
News 4 @ Noon :45
News 4 @ 4:00 p.m. :45
News 4 @ 5:00 p.m. :45
News 4 @ 6:00 p.m. :45
News 4 @ 11:00 p.m. :45
Mynews4.com website 11:50 a.m.

Date: September 10, 2012

Description: Construction of NV's first Diverging Diamond Interchange to begin this week
Construction will begin on Nevada's first Diverging Diamond Interchange (DDI) at I-580 and Moana Lane on Wednesday, Sept. 12, 2012.

During phase one of the construction, the I-580 southbound Moana Lane off-ramp will be closed 24-hours-a-day, seven-days-a-week beginning Wednesday, Sept. 12, 2012 for an estimated four weeks. Motorists are encouraged to use Plumb Lane or Virginia Street/Kietzke Lane exits.

Phase two includes reconstruction of the I-580 Moana Lane northbound on and off ramps and the southbound on ramp, and Moana Lane from just west of the southbound off-ramp to just east of the northbound off-ramp. During phase two the following closures will be in place 24-hours-a-day, seven-days-a-week for an estimated five weeks:

- I-580 northbound on and off ramps
- I-580 southbound on-ramp
- Moana Lane underneath I-580 from just west of the southbound off-ramp to just east of the northbound off-ramp.

Diverging diamond interchanges are often used at intersections located beneath or above freeway bridges. Traffic briefly crosses over to the left (opposite) side of the roadway, safely guided by traffic signals, physical barriers, and pavement markings at each crossover. Vehicles turn left onto freeway on-ramps without stopping and without conflicting with through traffic. Green bike lanes provide a clearly defined and dedicated lane for bicyclists by painting a green box in the lane.

To drive the virtual Moana Lane DDI access www.Moana395.com. Driving the Moana Lane DDI is safe and easy. As you approach the intersection, road signs and striping easily guide you to the opposite (left) side of the roadway and back again to the standard (right) side of the road. If you are accessing the freeway, you will follow signs to make an easy left-hand turn onto the freeway entrance.

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News 4 Today	:45
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News 4 @ 4:00 p.m.	:45
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News 4 @ 6:00 p.m.	:45
News 4 @ 11:00 p.m.	:45
Mynews4.com website	11:50 a.m.

Date: September 10, 2012

Description: REMSA to coaches clinic on how to prevent & treat sport injuries

The Regional Emergency Medical Services Authority (REMSA) will conduct two classes for coaches to reduce the amount of children suffering from unnecessary long-term injuries during sports activities.

Clinics will take place from 5:30 p.m. to 7 p.m. on Wednesday, Sept. 26, and on Thursday, Sept. 27 from 3:30 p.m. to 5 p.m. Both classes will be held at REMSA's education facility at 400 Edison Way, Suite B in Reno.

Sponsored by Safe Kids Washoe County and University of Nevada Sport Medicine, educators will present an overview of common sports related injuries and steps coaches, parents and athletes can take to prevent these injuries. Participants will also learn how to deal with common injuries and how to identify those that need more immediate care and evaluation.

Participants in the clinic will receive a free water bottle as well as a basic first aid kit to keep with them for immediate care needs at events (while supplies last). For more information or to register for the class, visit www.remsaeducation.com or call 775-353-0772.

News 4

News 4 Today	:50 with video
News 4 @ Noon	:50 with video
News 4 @ 4:00 p.m.	:50 with video
News 4 @ 5:00 p.m.	:50 with video
News 4 @ 6:00 p.m.	:50 with video
News 4 @ 11:00 p.m.	:50 with video
Mynews4.com website	6:31 p.m.

Date: September 10 & 11, 2012

Description: New parking regulations for Mid-Town area

A new warning period kicks off today for all drivers in Reno regarding parking regulations.

In most parts of Midtown, you now only have two hours to stay in one spot. The rule is going to be monitored by electric sensors placed in the ground beneath about 200 parking spots. This is the same technology currently used in LA and Washington D.C.

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Right now, two hour parking is still free, but if the technology works well, that could change.

To download the free app, search "parker" in the app store.

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	News 4 @ Noon	1:00
	News 4 @ 4:00 p.m.	1:00
	News 4 @ 5:00 p.m.	1:00
	News 4 @ 6:00 p.m.	1:00
	News 4 @ 11:00 p.m.	1:00
	Mynews4.com website	6:33 p.m.

Date: September 10 & 11, 2012

Description: Governor Sandoval encourages service to honor victims of 9/11

The September 11th National Day of Service and Remembrance honors victims, survivors, and families of 9/11 through service-oriented programs. This year marks the 11th anniversary of the tragic event in our country's history that brought communities together across the nation.

Governor Brian Sandoval and Nevada Volunteers, in conjunction with The Corporation for National and Community Service and MyGoodDeed are encouraging Nevadans to pledge how they will serve their community this year, in honor of September 11th, through the "I Will" campaign. The Governor pledged to serve forty hours of service in the Nevada community last year. He will reveal his pledge for the 2012 "I Will" campaign tomorrow, September 11th, on his Twitter page.

Nevadans can be involved in the "I Will" pledge campaign by:

- Pledging through the "I Will" campaign at www.911day.org.
- Tweeting their "I Will" pledge with the hashtag #911day and #serveNV.
- Sharing their pledge on Facebook and tagging "@Nevada Volunteers" in their pledge.
- Finding a service project in honor of September 11th on our website:

www.nevadavolunteers.org

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	News 4 @ Noon	:20
	News 4 @ 4:00 p.m.	:20
	News 4 @ 5:00 p.m.	:20
	News 4 @ 6:00 p.m.	:20
	News 4 @ 11:00 p.m.	:20
	Mynews4.com website	5:34 p.m.

Date: September 10, 2012

Description: Fallon woman is the new Miss Indian Nations

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A Fallon woman is the new Miss Indian Nations. Shannon Hooper, 25, was crowned during the annual United Tribes International Powwow in Bismarck, North Dakota, which wrapped up over the weekend.

The Western Nevada College student is a member of the Shoshone-Paiute Tribe, and becomes the 20th Miss Indian Nations.

News 4

Mynews4.com website 11:24 a.m.

Date: September 12, 2012

Description: Fernley City Hall to be open on Fridays

Fernley City Hall will now be open Monday-Friday from 8am-5pm, starting Oct. 1, after previously only being open Monday-Thursday. That decision was made last week at a City Council meeting.

News 4

News 4 @ Noon 1:00

News 4 @ 4:00 p.m. 1:00

News 4 @ 5:00 p.m. 1:00

News 4 @ 6:00 p.m. 1:00

News 4 @ 11:00 p.m. 1:00

Mynews4.com website 11:27 a.m.

Date:

Description: Major General Jesse Lee Reno remembered at ceremony

The man for which our city was named was honored today at Powning Park. The City of Reno and the Historic Reno Preservation Society took time today to honor the 150th anniversary of General Reno's death. The ceremony took place at Powning Park adjacent to a life-sized statue of the General Reno.

Reno was killed leading his troops in battle September 14, 1862, during the U.S. Civil War. Three days later at the battle of Antietam, the Union troops' battle cry was "Remember Reno!" in memory of their fallen leader.

In 1868 when the Central Pacific Railroad came through a growing town called "Lake's Crossing" on the Truckee River in Northern Nevada, a proper town site was laid out and the town was renamed after the Civil War hero.

News 4

News 4 @ 11:00 p.m. 1:00

Mynews4.com website 7:45 p.m.

Date: September 14, 2012

Description: Car wash fundraiser to benefit those in need in community

A Sparks business owner is hosting a fundraiser for two people in need in our community.

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Tomorrow at Dad's Quik Mart, in Sparks, there will be a car wash and multiple raffles for \$100 worth of gas. The funds raised will go toward hospital bills for a two-year old Sparks boy who is getting a bone marrow transplant.

The car wash will also benefit Jason Carthagen, the man who is now paralyzed from the waist down after being shot for wearing all red 49ers gear last year. Carthagen is in need of a wheelchair accessible van.

You can check out the car wash and raffle from 9am until 4pm tomorrow. If enough money is raised, the gas raffle will continue for up to two months.

Dad's Quik Mart
5212 Sparks Blvd.
9:00 AM - 4:00 PM
Car Wash & Raffle

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News 4 Today	1:30
News 4 @ 6:00 p.m.	1:30
News 4 @ 11:00 p.m.	1:30
Mynews4.com website	7:38 p.m.

Date: September 16 & 17, 2012

Description: Community learns to ride hard, eat well, and give back

The only organized century bike ride hit the streets of Washoe Valley Sunday morning for the Edible Pedal 100. Nearly 1,000 riders showed up to ride hard, eat well, and give back.

"We are absolutely thrilled with the turnout. Local people are embracing healthy lifestyle choices; they're recognizing the importance of fitness and they're recognizing the importance of eating well," ride director Kerry Crawford says.

The ride is a fundraiser put on by the Rotary Club, Reno Sunrise.

"The Edible Pedal is an amazing event, because it brings out the whole community, families, hard core cyclists and people who love riding their bikes through the Washoe area and it supports great local agriculture," Volunteer director with Tour de Nez Katheryn Yetter said after she participated in the ride.

Edible Pedal 100's mission is to get people out enjoying a ride and learning about how to eat healthy and locally.

The event consisted of three rides, a 100-mile, 50-mile, and 10-mile all along the beautiful backdrop of Washoe Valley.

"It's a fine day to get on your bike and it's a great day to ride," Yetter says.

At every stoppage area local food was given out to riders that was made all naturally, and even some made by culinary students from local high schools that passed out their homemade energy bars.

"There have been studies that have been done that show eating locally, eating local food that is grown within 150 miles from where you live, which is referred to as your food shed, is much better and much more nutritious for you," Crawford says.

Crawford also says the ride promotes the local economy as well, because the majority of produce for the BBQ after the ride was locally grown along with about 700 pounds of local meat.

Tons of families showed up with their kids in tote or closely pedaled along the trail... volunteers and organizers say it's great seeing a part of the ride and festivities.

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"It's good for the younger culture to learn about it now so they can grow up with it and maybe spread it to their kids," volunteer, UNR soph. Justin Bolter says.

Yetter believes the ride was a great way to learn about all the ways to enjoy a ride and some good food right in your own neighborhood.

"I really had no idea how many agricultural producers there are in this area and this is a wonderful way to find out," Yetter says.

Riders seem to agree, Northern Nevada has a lot to offer from strengthening your muscles to filling your bellies.

This was the second year of the Edible Pedal 100.

Crawford says they raised \$10,000 last year to donate to the group Urban Roots and hope to at least match that again this year.

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	News 4 @ 4:00 p.m.	1:50
	News 4 @ 5:00 p.m.	1:50
	News 4 @ 6:00 p.m.	1:50
	News 4 @ 11:00 p.m.	1:50
	Mynews4.com website	7:20 a.m.

Date: September 15, 2012

Description: Disabled veterans compete in Reno military sports camp

Summer is often filled with sports camps, but the City of Reno is hosting a special one this week for injured or disabled veterans. It's the second annual military sports camp and the City of Reno - with the help of the Nevada Military Support Alliance - gave these vets a chance to try some things many of them have never done before and to bond with others who have had similar experiences.

"We were on the operation when we caught Saddam Hussein," said Army veteran Chess Johnson. "Then I went back in 2006 and, on Dec. 3, 2006, I was shot."

Johnson served two tours for the Army in Iraq. This week he's in Reno doing things like land-surfing, water skiing and playing wheelchair rugby with other veterans.

"Never at one time would you realize that any one of the athletes was disabled," Johnson said. "Everything goes away. The playing fields get even, and we get to compete and just enjoy each other's company."

Marine and Army veteran Joseph Perez says it's also good way to re-learn how to do things they

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loved before they were injured.

"It's not that they can never snorkel again, they just have to learn how to do it a different way," Perez said.

"If you don't have a body part, we're going to figure out how you can perform the same activities as everybody else," Johnson said.

Many of the activities were brand new to these former soldiers.

"A lot of the other guys have never done it before either, so it's kind of an experience of all of us together doing something new," said Army veteran Noah Bailey.

While trying new things like rugby and kayaking is exciting, they say this week is about much more than fun and games.

"Being able to do stuff like this here gives you a sense of accomplishment," said Air Force veteran Noel Sepulveda.

"Just to realize that I'm still worth something, and I still value my country and my country values me," said Johnson. "It builds honor in me again."

It's also a way for them to feel just like everyone else again.

"It doesn't matter if you have a visual impairment, or you're missing a limb, or you have a traumatic brain injury, you don't have to explain that," said Buddy Hayes, a veteran of the Women's Army Corps. "You are who you are and you're accepted for who you are."

"Nobody wants to be disabled, and none of them really are," Perez said.

"The truth of the matter is these programs really saved my life," Johnson said.

Johnson hopes he inspires other veterans to try things like this sports camp too.

"Really show them how to adapt and live life - not just be alive," Johnson said.

The camp ends tomorrow, but many of the participants are already talking about wanting to come back next year.

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	News 4 @ 11:00 p.m.	:30

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Date: September 14, 2012

Description: John & Rose Ascuaga honored

John and Rose Ascuaga were honored at the Catholic Charities dinner Thursday night. The Ascuagas received the 5th annual Bishop's Humanitarian Award for their contributions to the Catholic Church for more than 50 years. One of the most notable contributions by the Ascuagas is providing Saint Vincent's Thanksgiving and Christmas meals. Because of the food and staff the Ascuagas provide, Saint Vincent's is able to feed nearly 13-hundred people at each of those Holiday meals.

All proceeds from the dinner benefit will go to St. Vincent's dining room, food pantry, emergency assistance, affordable housing, and immigration programs.
